Calmoseptine® Ointment

MULTIPURPOSE MOISTURE BARRIER



Calmoseptine, Inc.

16602 Burke Lane • Huntington Beach, California 92647 • U.S.A.

(800) 800-3405 • FAX (714) 840-9810

www.calmoseptineointment.com

Calmoseptine®
Ointment

PROTECTS AND HELPS HEAL SKIN IRRITATIONS FROM:

- INCONTINENCE OF URINE OR FECES
- FEEDING TUBE LEAKAGE
- MINOR BURNS, SCRAPES
- FECAL OR VAGINAL FISTULAS
- WOUND DRAINAGE
- DIAPER RASH
- MOISTURE, SUCH AS PERSPIRATION

REMARKABLE RESULTS IN JUST OVER 48 HOURS

CASE STUDY #00305573 – FECAL INCONTINENCE



DAY 1

On day 1, this 81 year old female was admitted with multiple dermal ulcers, diarrhea (8-10 stools daily), and a Foley catheter for urinary incontinence, 8x10 inches of perianal skin was red and raw from fecal erosion. Treatment with Calmoseptine Ointment was started.



DAY 3

By day 3, the patient was less agitated and more comfortable. A 1 x 3 inch reddened area around the anus was all that remained. Diarrhea continued, but with the use of Calmoseptine Ointment applied twice daily, healing took place rapidly.

Although this patient's urinary incontinence was controlled by a catheter, she experienced intermittent diarrhea over the next 15 months. The use of Calmoseptine Ointment prevented skin breakdown. ***– Case study by Odette Hammond, RN, CETN***

DIRECTIONS

1. Cleanse skin gently with mild skin cleanser. Pat dry or air dry.
2. Apply a thin layer of Calmoseptine Ointment to reddened or irritated skin 2-4 times daily, or after each incontinent episode or diaper change to promote comfort, and long lasting protection. (If a Calmoseptine residue remains on irritated skin after gentle cleansing, it is recommended to leave the residue on the skin and apply an additional layer as needed until the skin is healed.) Calmoseptine Ointment is easily removed with baby oil or mineral oil when necessary.

ORDERING INFORMATION

NDC #	SIZE	PER CASE
0799-0001-03	2.5 Oz / 71g Jar	12
0799-0001-02	2.5 Oz / 71g Tube	12
0799-0001-04	4.0 Oz / 113g Tube	12
0799-0001-05	3.5 Gram Packet	144

ACTIVE INGREDIENTS: zinc oxide, menthol
OTHER INGREDIENTS: thymol, lanolin, sodium bicarbonate phenol, calamine, chlorothymol and glycerin in a suitable ointment base

ENCOURAGE BASIC CONCEPTS OF SKIN CARE

- Keep skin clean, moisturized and dry.
- Adequate "pressure relief" for bedridden and wheelchair bound patients.
- Assessment and monitoring of nutritional status by a dietician.
- Adequate fluid intake (6-8 glasses of water daily).
- Consultation by an ET Nurse (Enterostomal Therapist) or skin Specialist.
- Protect yourself and the patient by observing universal blood and body fluid precautions.

WARNING: For external use only. Not for deep or puncture wounds. Avoid contact with eyes. Keep out of reach of children. In case of accidental ingestion contact a physician or poison control center immediately. If condition worsens or does not improve within 7 days, consult a doctor.

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USES FOR CALMOSEPTINE® MOISTURE BARRIER OINTMENT

Calmoseptine® Ointment was originally developed by a pharmacist for use as a diaper rash ointment for infants. Since its introduction 80 years ago, many other uses have been found. The following list has been compiled from feedback from doctors, nurses and other health care professionals who have used Calmoseptine® Ointment.

We invite you to visit our website at http://www.calmoseptine.com/ for further information.

- Diaper Rash in Full-Term Infants
- Skin Protection for Incontinent Adults
- Skin Protection around Feeding and Drainage Tube Sites
- Protection for Peri-wound Skin
- Pain and Itch Relief in Lymphedema and Venous Stasis conditions – Calmoseptine Ointment can be used under compression therapy.
- Stage I pressure ulcers
- Minor Burns, Cuts, Scrapes
- Skin Folds, other moist areas subject to fungal infection
- Perianal Soreness and Dermatitis
- Insect Bites
- Shingles, Hives
- Eczema and Psoriasis
- Contact Dermatitis including Poison Oak and Poison Ivy
- Rectal Itch; Hemorrhoids; Anal Fissures
- Peri-anal Protection with Ileoanal Reservoirs (J-pouches)

**** EXTERNAL USE ONLY ****

Please read label on product packaging.

An OTC product used and recommended by Pediatricians, Family Physicians, Colorectal Surgeons, Gastroenterologists, Podiatrists, Dermatologists, Oncologists, WOCNs, NPs, PAs, Hospitals, Clinics, Nursing Homes, Hospices & Palliative Care Facilities, Home Care Practitioners, and Veterinarians.

Calmoseptine®
Ointment

Where can I purchase Calmoseptine® Ointment?

1. PHARMACY

Calmoseptine® Ointment is a **non-prescription**, multi-purpose moisture barrier. Most **pharmacies** can **special order** Calmoseptine® Ointment through their **supplier** (wholesaler or distributor) and have it for you in a few days.

If the pharmacy requires more information, have them call **1-800-800-3405** between 9am to 5pm (PST).

Suggested retail price is $7.50. Pharmacies may charge for special orders.

The **NDC#** for a 4.0 oz tube is #0799-0001-04, it may be necessary to add an extra zero on some systems (# 00799-0001-04).

2. MAIL ORDER

Companies listed below are national mail order companies. Please check for current pricing and shipping charges.

Company	Web Site	Toll Free #
Allegro Medical	AllegroMedical.com	1-800-861-3211
AmericaRX.com	AmericaRX.com	1-877-932-2979
Express Medical Supply, Inc.	ExMed.net	1-800-633-2139
Home Care Delivered, Inc.	HomeCareDelivered.com	1-800-565-5644
Home Delivery Incontinent Supplies	HDIS.com	1-800-538-1036
Medichest.com	Medichest.com	1-800-714-8875
Northwest Enteral Supply	NWEnteral.com	1-800-335-4434

3. ORDER DIRECT

Call Calmoseptine®, Inc. at 1-800-800-3405
Minimum Order: 1 case – 4 oz tubes (12 tubes per case)
Price per Case: $72.00 ($6.00 per tube) – plus applicable shipping and tax charges.
We accept Visa, MasterCard, Discover, and American Express.

PLEASE FEEL FREE TO CALL CALMOSEPTINE®, INC.
Phone: 1-800-800-3405

www.calmoseptineointment.com

PLEASE SEE REVERSE SIDE FOR RETAIL PURCHASE INFORMATION.

Purchase Instructions for Calmoseptine Ointment:

Calmoseptine is an over-the-counter product and takes 1 working day to order from most pharmacies. Give the information below to the pharmacist. If your pharmacy is not listed, chances are that they can order from one of our wholesalers.

AmersourceBergen #518449		
Brooks (now Rite Aid)	**Drug Emporium**	**Fred Meyer**
Hy-Vee	**Longs (now CVS)**	**Raley's**
Price Choppers		

Cardinal #2144715		
CVS	**Eckerd Drug (now Rite Aid)**	**H.E.B.**
Hi-School	**Kmart**	**King Soopers**
Kroger	**Price Choppers**	**Winn Dixie**
Walgreens		

McKesson #2143550		
Albertson	**Costco (4 Oz - $5.55)**	**Giant Eagle**
Medicine Shoppe	**Meijer**	**Pathmark**
Publix	**Rite Aid**	**Safeway**
Schnucks	**Sav-On (now CVS)**	**ShopKo Stores**
Target	**Vons**	**Walmart**

Questions call
800-800-3405



UPC# (bar code)
746876000408

Suggested Retail
4 oz Tube $7.50

Calmoseptine®, Inc.

How do I remove Calmoseptine® Ointment?

Removal of Calmoseptine® from the skin:

It is not usually necessary to entirely remove Calmoseptine® Ointment from the skin.
Any soiled areas can be cleansed of soil leaving a thin layer of ointment.
More Calmoseptine® Ointment is then applied only where necessary.
This minimizes trauma to the skin from friction during cleansing.

If it is necessary to thoroughly cleanse the ointment from the skin,Calmoseptine®
Ointment can be removed by wiping with a clean dry cloth or gauze.
Skin or wound cleansers with surfactants may also be used.

If skin is tender or fragile, or if stoma powder has been used and the ointment is crusted, patting or rubbing with oil (mineral, vegetable, or baby oil) will soften the ointment for easier removal. Any residual can then be removed with soap and water or a skin or wound cleanser.

From Clothing or objects:

For solid objects like floors, vinyl, wood, etc. use mineral or baby oil applied to a cotton ball, pat until the Calmoseptine® Ointment loosens enough to be removed with the cotton ball. Clean the oil.

For bedding & clothing, Clorox® 2 has been found to be useful.

INSTRUCTIONS FOR USE OF CALMOSEPTINE OINTMENT

Incontinence

1. Gently clean the skin with a mild skin cleanser and/or water.
2. Rinse with clean water.
3. Pat the area dry with a clean towel or gauze.
4. Apply a small amount of Calmoseptine Ointment to cover the area completely.
5. Repeat after each bowel movement or when skin becomes wet with urine or drainage. It is not necessary to remove all of the Calmoseptine when soiling occurs. Simply cleanse soiled area and reapply the Calmoseptine where needed to provide complete protection.

Gastric, jejeunal and suprapubic tube sites

1. Gently cleanse area with normal saline, mild skin cleanser or soap and water.
2. Apply a thin layer of Calmoseptine to the skin around the tube.
3. If necessary to control drainage and protect clothing, cover the ointment with a drain sponge or other dressing.
4. Twice a day application is usually sufficient. If the dressing becomes saturated, it should be replaced more frequently, not reinforced. A thick dressing holds the drainage against the skin and can make the problem worse.
5. It is not necessary to remove all of the Calmoseptine with each dressing change. Simply wipe drainage away and reapply Calmoseptine and dressing.

Skin Folds

1. Cleanse area gently and pat or air dry. It is very important that the area is thoroughly dry.
2. Apply a small amount of Calmoseptine Ointment.
3. Spread thinly and rub in well.
4. Reapply once or twice daily.

See other side for more instructions.

Peri-wound skin

1. Remove dressing and cleanse the wound as ordered. Use wound care solution to also cleanse drainage from the surrounding skin. Dry the skin.
2. Apply a thin layer of Calmoseptine to skin surrounding the wound.
3. Cover the wound and wound edges with an appropriate dressing.

Note: Tape will not adhere to areas covered with Calmoseptine so dressing must extend beyond those areas.

Weepy or Denuded Areas

Using stoma powder (i.e.: Convatec Stomahesive® Powder, Hollister Premium® Powder) or karaya powder with Calmoseptine Ointment can help it adhere to weepy and denuded areas. This forms a very protective, somewhat absorbent barrier.

1. Cleanse the area using normal saline or wound cleanser.
2. Very gently pat the area dry with sterile gauze.
3. Apply a light dusting of stoma or karaya powder to the denuded area. This creates a dry surface to help the Calmoseptine stick to the wound. Gently dust off excess powder.
4. Gently place a layer of Calmoseptine Ointment over the powdered area.
5. Apply another light coating of the powder over the Calmoseptine Ointment.
6. It may be necessary to repeat, adding another layer of Calmoseptine and powder in order to entirely cover the wound.
7. Repeat after each bowel movement or diaper or dressing change. As in above applications, it is not necessary or advisable to remove all of the Calmoseptine each time. Simply cleanse the surface and reapply the ointment where necessary.

Removal of Calmoseptine

Calmoseptine can be removed by wiping with a clean dry cloth or gauze. Skin or wound cleansers with surfactants may also be used. If skin is very tender, or if stoma powder has been used and the ointment is crusted, patting or rubbing with mineral, vegetable, or baby oil will soften the ointment for easier removal. Any residual can then be removed with soap and water or a skin or wound cleanser.

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Hollister Premium® is a registered trademark of Hollister Incorporated

CALMOSEPTINE OINTMENT
LEARNING OBJECTIVES

1. **Describe how to properly apply Calmoseptine Ointment.**

    a. Cleanse the skin prior to application with mild skin cleanser or water. Pat dry or allow to air dry.

    b. Apply a thin layer 2-4 times daily to affected area, or as necessary to promote comfort and protection.

    c. Calmoseptine can be applied to intact or irritated skin around an ostomy site. However, use only a *very small amount and rub it in completely*. Hold barrier in place for about one minute. This will increase the adhesion of standard barrier adhesive. Pouches with a clear adhesion barrier, such as Cymed, will not stick to peristomal skin when Calmoseptine is applied.

2. **State some indications for using Calmoseptine Ointment.**

    a. To prevent or protect any area of the body from urine, feces, or moisture

    b. To protect and help heal already irritated skin from urine, feces, or moisture

    c. To relieve the discomfort and itching from contact dermatitis and other rashes

    Examples for use: Incontinence, leakage around feeding or drain tubes, fistulas, skin surrounding draining wounds, diaper rash, and perspiration

3. **Describe proper removal techniques to prevent dermal injury.**

    a. In most cases, the majority of Calmoseptine can be removed with a clean, dry cloth or gauze. Residual can then be removed using a skin cleanser with a surfactant.

    b. On fragile skin and in tender or painful areas, it is advisable to soften Calmoseptine using mineral oil or baby oil before attempting to remove. This also works to soften ointment that has been left on the skin and has hardened or crusted. Gently pat or rub the oil into the ointment until it can easily be removed with a soft dry cloth or gauze. The residual oil can then be washed off with a gentle skin cleanser or mild soap and water.

    Note: When using Calmoseptine as a moisture barrier, often it is not necessary to thoroughly remove the ointment from the skin. It is sufficient to cleanse and remove waste material, leaving a base layer of the ointment. Reapply only where necessary.

4. **State, in general, the mode of action of the product.**

    a. Provides a physical moisture barrier

    b. Has a mild drying effect on moist skin

    c. Stimulates nerve endings, thus temporarily relieves discomfort and itching

    d. Mild antiseptic ingredients also help to prevent secondary bacterial and fungal infections of the skin.

5. **Discuss possible adverse reactions and how to manage them.**

   a. Although it is rare, the possibility for an allergic reaction exists due to sensitivity to any one of the ingredients. Most commonly, this would be manifested by severe itching after the product is applied, the development of a rash or hives, or an increased area of a rash compared to what was present previously. As in any allergic reaction, more severe symptoms such as extreme discomfort or difficulty breathing (anaphylaxis) could occur.

      I*f you suspect patient is allergic, remove the Calmoseptine by one of the methods described above.*

   b. When nerve endings are exposed due to denuded skin, some discomfort on application may occur. However, it frequently goes away within 2-3 minutes and the patient should report a cooling sensation.

      If the discomfort continues or if the patient cannot tolerate it, remove Calmoseptine by one of the methods described above.

6. **Explain the method of using stoma powder or karaya powder with Calmoseptine Ointment to treat weepy, denuded skin.**

   Using stoma powder (i.e. Stomahesive Powder®, or Hollister Premium Powder®) or karaya powder with Calmoseptine can help it adhere to weepy and denuded areas. This forms a very protective, somewhat absorbent barrier.

   a. Cleanse area using normal saline or wound cleanser and pat dry, using sterile gauze.

   b. Apply a light dusting of stoma or karaya powder to denuded area. This creates a dry surface to help the Calmoseptine stick to the wound. Gently dust off excess powder.

   c. Gently place a layer of Calmoseptine over the powdered area.

   d. Apply another light coating of the powder over the Calmoseptine and pat into the ointment. Dust off excess.

   e. It may be necessary to repeat, adding another layer of Calmoseptine and powder in order to entirely cover the wound.

   f. Repeat after each bowel movement or diaper or dressing change. As in above applications, it is not necessary or advisable to remove all of the Calmoseptine each time. Simply cleanse surface and reapply where necessary.

IF SKIN DOES NOT IMPROVE IN 7 DAYS, OR IF CONDITION WORSENS, NOTIFY PHYSICIAN OR E.T. NURSE. There may be an underlying problem, such as a bacterial or fungal infection, that requires the use of a prescription product.

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